

PAUL'S PANTRY NEEDED FOOD LIST

1. **Meat & Protein**
 - Peanut Butter
 - Canned Meats – Spam, Ham
 - Canned Stews & Chili
 - Canned Fish – Tuna, Salmon
 - Fresh or Frozen Turkeys for Holidays
 - Fresh Whole or Half Hams for Holidays
 - Fresh Hamburger
 - Fresh Chicken

2. **Grains/Cereal**
 - Breakfast Cereal
 - Instant Oatmeal/Cream of Wheat
 - Crackers/Saltines
 - Flour/Cake Mixes
 - Muffin Mixes

3. **Fruit**
 - Canned (Any Kind)
 - Juices (Canned, Bottled or Boxes)
 - Dried Fruit (Raisins, Apricots)

4. **Starches**
 - Hamburger & Tuna Helper
 - Macaroni & Cheese
 - Instant Potatoes
 - Pasta (Any Variety)
 - Rice – Plain or Flavored

5. **Soup**
 - Canned Condensed
 - Canned Heat & Serve
 - Dry Soup – Ramen, Lipton, Mrs. Grass

6. **Condiments/Baking**
 - Sugar
 - Salt & Pepper
 - Cooking Oil
 - Mayonnaise
 - Ketchup/Mustard

7. **Heat & Eat**
 - Canned Spaghetti (Ravioli)
 - Pork & Beans – Baked Beans
 - Corned Beef Hash

OVER

PAUL'S PANTRY NEEDED FOOD LIST - cont.

NO GLASS ITEMS PLEASE

8. Vegetables

- Canned (All Varieties)
- Beans - Dry Pinto, Navy, Red
- Dry Split Green Peas
- Any Produce (From store or Garden)

9. Miscellaneous

- Toothpaste & Toothbrushes
- Deodorant/Antiperspirant
- Soaps – Bath, Dish, Laundry
- Shampoo
- Feminine Hygiene

10. Paper Products

- Toilet Paper
- Napkins
- Facial Tissue
- Paper Towel

11. Other

- Pudding
- Jell-o
- Dream Whip
- Pie Filling
- Pumpkin Pie Filling (For Holidays)
- Jelly
- Stuffing – Stove Top (For Holidays)

Paul's Pantry is always in need of fresh fruits and vegetables, fish, meats, dairy products, and frozen foods. Paul's Pantry will also accept fresh leftovers from your banquet or party.

Deer and Wild Game Donation

Drop the whole deer off in the hide, at Paul's Pantry. Processing is donated. There is NO COST in making your donation.

The donated deer must be properly cleaned, field dressed, tagged, and registered before we can accept the deer as a donation to the program. No deer will be accepted that does NOT have a registration tag. If the temperature is above 40 degrees at the time you harvest the deer you plan to donate, put two bags of ice in "each" deer carcass, one in the chest cavity and another between the hind quarters. This will help preserve the venison until processing.

If you have frozen *packaged wild game from previous hunts*, we will accept that meat in good condition, all year long. For this we ask that the meat be frozen and in good shape. WE THANK YOU!